



ERASMUS+, Key Action 210 –SCH, n° 2023-1-ES01-KA210-SCH-000155140

Program – RYBNIK – POLAND (09-14.06.2024)

Project: Connect T@ The Life (CALL)

EVENT TITLE: *Everyday life with art... instead of digital addiction* (Activity duration - 5 days)

	MONDAY (10rd) PONIEDZIAŁEK		TUESDAY (11th) WTOREK		WEDNESDAY (12th) ŚRODA		THURSDAY(13th) CZWARTEK		FRIDAY (14th) PIĄTEK
9:00	Let's VISIT our SCHOOL – ALO RYBNIK! ALO RYBNIK Address Meeting with the HEADTEACHER Krzysztof LAZAJ. INTRODUCTION of the teams from participating countries (s.201)	9:00	Meeting at school. Discover different places in the CITY of RYBNIK in an interesting with SCAVENGER HUNT . Play in teams to solve riddles by students & Ada PATYK – English teacher.	9:00	Meeting at Oświatowe Centrum Nauki i Techniki (Wodzisław Śląski, ul. 26 Marca 66) WORKSHOP of STAINED GLASS including the Tiffany technique by Joanna NOWARA	8.45	Learning foreign languages with games. OBSERVE, COMPARE, LEARN: attending lessons of English (Ada PATYK) & French (Renata KLIMEK - KOWALSKA).	9:00	PRESENTATION of the exhibition of works to the school community. The OXFORD DEBATE: Digital addiction: <i>Debate for and against computers, smartphones, and Internet</i> by Renata KOWALSKA & Ewa FIGAS PHD
9:30	SHORT HISTORY OF POLAND by Marcin PAKOS. An interactive presentation describing Poland and our region. QUIZ about Poland.	10.00	START OF THE COMPETITION – <i>The best pic of the week</i> – Selfie with... “nutria”.	11:00	<i>Everyone is an artist (Joseph Beuys)</i> WORK TOGETHER and create ENGRAVED pieces of art. Introduction to Google Arts& culture” Exprimment art-coloring-book	10:00	DESCRIBING POLISH POSTERS from the historical point of view as well as the principles of creation.	12:30	SUMMARY of the meeting in international groups. EVALUATION of the meeting and discussion on follow up steps. RESULTS of the competition: the best pic of the week. Certificate ceremony

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10:30	WALK TO MOSIR FOCUS ON MOVING & SPEAKING - icebreaking and teambuilding activities & games with Antoni & Grzegorz ADAMCZYK. How to spend our free time in an active way?	11:00	Discover Polish traditional cuisine: CULINARY WORKSHOP : how to make Polish dumplings (pierogi)? LUNCH at „ "WIDELCEM PO MAPIE" The principles of healthy eating (what, when, why do we eat?) How does it stimulate our brain? – debate.	12:30	Try out Swiss cuisine at the Restaurant Switzerland Restauracja Szwajcaria :– various rösti types.	12:00	Discover MINING and a CHARCOAL PAINTING - coal carving workshop by Łukasz SZATANEK PHD CREATION of warning posters in teams		LUNCH
13:30	LUNCH at the restaurant ZAKĄTEK POD TEATREM	14:00	WORKSHOP: Trapped in the Internet and Social Media by Alina STOSOR PHD (Upper Business and Health Sciences School – Rybnik branch) – start brainstorming about warning posters on the topic of digital addiction.	14:00	Living with ART - a PHOTOGRAPHY WORKSHOP - at school and outside in Wodzisław Śląski (Łukasz SZATANEK PHD).	14:00	HOST FAMILY TIME – lunch, sightseeing, dinner with the host families etc.		Farewell meeting with the HEADTEACHER Krzysztof LAZAJ.
15:00	GETTING TO KNOW HOST FAMILIES. Evening and dinner with host families.		SUMMARIZING the day in a creative way – awareness of digital addiction and its harmful effects – MIND MAPPING & SKETCHNOTING Ewa Figas PHD, Adelajda Patyk and Renata Klimek-Kowalska		Pétanque TOURNAMENT <i>(Wear comfortable sportswear)</i>		14:00	Departure of the Turkish team to CRACOW	
				17:00	EUROPEAN FAIR – presenting national culture (cuisine, songs, dances...)	18:00	TEACHERS – Dinner in the restaurant INOWINO-ŚWIERKLANIEC	(June 15th) 2:00	Saturday - departure of the Spanish team to CRACOW

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