





ON THE ELTE **Akademickie Liceum** Ogólnokształcące Politechniki Śląskiej w Rybniku



## Fit here, healthy there, let's do it together



AGO

ON GYAKO



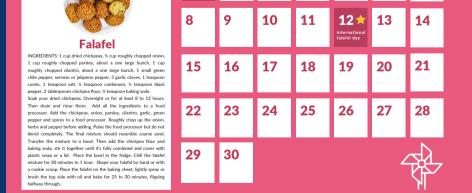


Authors: Oliwia Gierlotka, Agata Pytlik, György Eszter



















29 30 31

Fit here, healthy there, let's do it together December | December | Décembre | Grudzień



Partners:

000







Prep the vegetables: Thinly slice a tomato.

nion and julienne the cucumber.

Assemble the sandwich: Spread a generous amount of th

ped vegetables and cheese. Slice and serve.

erb mayo onto two slices of bread then top with all your



Ê



